



Kirkland, November 5th 2010

**To:** Referee in chief of the organizations  
Referees of the Lac St-Louis Elites staff  
AA-BB-CC teams participating in the Lac St-Louis regional leagues  
AA-BB-CC Organizations presidents  
AA-BB-CC Organizations governors

**Object:** Reminder and application of rule 8.16

Hi,

Below, you will find a reminder of the mouth guard rule and its application.

### **8.16 MOUTH GUARD**

The use of a mouth guard is mandatory for all double letter players, except for goaltenders. (Atom to Junior)

If a player violates this rule during the game, the referee shall proceed as follows from the first stoppage of play

- |                     |   |   |
|---------------------|---|---|
| <b>1st OFFENSE:</b> | <u>At the end of the play:</u>  | A warning to the coach of the offending team.   |
|                     | <u>Before the face off:</u>   | The offending player is returned to the bench and replaced by another player. There will be a warning to the coach of the offending team. |
| <b>2nd OFFENSE:</b> | The offending player (Even if it is not the same player) will receive a minor penalty (Code: A-85)                          |   |
| <b>3rd OFFENSE:</b> | The offending player (Even if it is not the same player) will be expelled from the game with a game misconduct (Code: D-99) |   |

Please forward to your members and have a good balance of the season,

Simon Joly  
Coordonnateur  
Hockey Lac St-Louis